

Session Coordinator : Dr. Ravikant

Fifth Session (07:00 pm - 08:00 pm)

1. Diabetes and Gut Microbiota. - Dr. Subash Kumar
2. NASH: Newer Advancement and Treatment. - Dr. S. Mukherjee
3. Efficacy of a Novel Inhibitor of Vascular adhesion protein-1 in reducing Albuminuria in Patients with Diabetes Kidney Disease (ALBUM). Dr. Ravikant

Discussion : 15 Min

Cardio Diabetes Quiz Part -II (08:15 pm - 9:00 pm)

Coordinator : Dr. Abhijeet Chaterjee/Dr. Abhishek Pandey
Gala Dinner (09:00 pm - 9:30 pm)

Day 2 : Sunday, 27 January 2019

Registration & Tea : 07:30 am - 8:00 am

Session Coordinator : Dr. Vinaytosh Mishra

First Session (08:00 am - 09:00 am)

1. Individualized Treatment Target for BP in type 2 Diabetes? - Dr. Ravikant
2. Renal outcome from CVOT Trials: Should we wait for final interpretation? Dr. Dheeraj Kapoor
3. Motivational Interview in Diabetes Management. - Dr. V. K. Jagnany

Discussion : 15 Min

Session Coordinator : Dr. V.K. Jagnany

Second Session (09:15 am - 10:15 am)

1. Pharmacological Management of Type 2 DM in case of Liver Disorder. Dr. Ritesh Gupta
2. Lessons Learnt from RCT's in Diabetes - Cardio Vascular Complications and beyond - Dr. Nitin Kapoor
3. Exercise benefits in Cardiovascular Disease: Beyond attenuation of Traditional Risk Factors. - Dr. Abhishek Pandey

Discussion: 15 Min

Tea Break : 15 Minute

Session Coordinator : Dr. Abhijit Chaterjee

Third Session : (10:45 am - 12:15 pm)

1. Short sleep duration and Cardio Metabolic risk: From Pathophysiology to Clinical Evidence. - Dr. Mangesh Tiwaskar
2. Diabetes Mellitus: Best is still to come? - Dr. Jasjeet S. Wasir
3. GLP-1 and Nephro Protection: Redefining Incretin effect on Kidney. Dr. Pramila kalra
4. Treatment of Atherosclerosis in Diabetes Clinic : IMPROVE-IT and REDUCE -IT - Dr. Vinod Mittal

Discussion : 15 Minutes

Session Coordinator : Dr. Abhishek Pandey

Fourth Session : (12:30 pm - 01:30 pm)

1. Pathophysiology and Novel Therapeutic Strategies: Targeting Gut Microbiome and Metabolome in Heart Failure. - Dr. Abhijit Chaterjee
2. Terminal Heart Failure Management: Indian Scenario. - Dr. Dilip Kumar
3. Management of Heart Failure 2019: Recent updates. - Dr. Alok Singh
4. Stable Heart Failure : Myth or Reality - Dr. Dharmendra Jain

Discussion : 10 Minutes

Lunch 01:30 pm - 02:00 pm

Closing Ceremony & Valedictory Function (02:0 pm To 03:00 pm)

Followed by Sight Seeing at famous Varanasi Ghat's by "Alaknanda Cruise"

Prominent Speakers



Prof. K.K. Tripathi
MD, DM (Nephro)
IMS, BHU
Ex. HOD Medicine, Dept. IMS, BHU



Dr Sarita Bajaj
MD (Medicine), DM (Endocrinology, AIMS)
FRCP (Glasgow), FRCP (Edinburgh)
Director-Professor and Head, Dept of Medicine
MLN Medical College, Allahabad



Dr. N.S. Verma
MD, Prof. Dept. of Physiology,
KGMU Lucknow



Dr. Jasjeet S. Wasir
MD, Senior Consultant Diabetologist
Medanta Medicity, Gurgaon



Dr. Anuj Maheshwari
MD, FICP, Diabetologist & Metabolic Physician
Prof. & Head I. Medicine
BBD Univ., Lucknow



Dr. Ritesh Gupta
MD, Sr. Consultant Diabetology and Endocrinology
C-Doc Fortis Hospital, New Delhi



Dr. Dheeraj Kapoor
MD, DM, Consultant Endocrinologist
Artemis Hospital, Gurgaon



Dr. Ashutosh Mishra
MD, Fello. In Diabetes CMC Vellore
Consult. Endocrinologist
Panacea Hospital & Asst. Prof. PIIRE Varanasi



Dr. Dilip Kumar
MD, DM(Card)
Consultant Interventional Cardiologist Chief Academic
Co-ordinator, Medica Superspecialty Hospital, Kolkata



Dr. Nitin Kapoor
MD, DM (Endo), ABBM (USA)
Consultant Endocrinologist and Bariatric Physician
Dept. of Endocrinology CMC, Vellore



Dr. Pramila Kalara
MD, DM (Endo)
Associate Prof. Endocrinology,
M.S. Ramaiah Medical College, Bangalore



Dr. Vinod Mittal
MD,
Sr. Diabetologist & Physician
Specialist in Life Style Disease
Director Delhi Diabetes Centre
New Delhi



Prof. Jayant K. Panda
MD, FACP, FICP, FIMAMS
Consultant in Diabetes, Metabolic & Critical Care Medicine
Prof. & HOD, Dept. of Medicine
SLN Medical College, Odisha



Dr. Mangesh Tiwaskar
MD, FICP, FCSI
Specialist in Diabetes & Cardiology
Member of API, ADA, EASD
Mumbai

Panacea Institute of Interdisciplinary Research & Education, Varanasi

Offer :

A course that can change the course of your life ...

- PG Diploma in Diabetes Education
- B.Sc. - Physician Assistant
- M.Sc. Food & Nutrition
- MBA - Hospital Management
- MBA

Conference Secretariat, Dr. Ashutosh Mishra
B 34/131, K-8-C, Gayatri Nagar, Shukulpura, Varanasi-221010
Mobile : 9554572190/9453837595/8795832851

Website : www.cardiabcon2018.com | Email : cardiabcon2018@gmail.com

7th Annual National Level Conference



cardiabcon

Date : 26 - 27 January 2019

Place

Hotel Grapevine
Ramnagar Varanasi



Knowledge Partner



Mentor

Prof. Anoop Mishra
MD, Chairman, Fortis C-DOC,
Director & Head, Internal Medicine,
President, National Diabetes Society &
Cholesterol Foundation (N-DC)
Fortis C-DOC, Gurgaon, India

Prof. J.K. Agrawal
MD, DM (Endocrinology),
FAMS, Ex-Prof. IMS BHU

Dr Sarita Bajaj
MD (Medicine), DM (Endocrinology, AIMS)
FRCP (London), FRCP (Edinburgh)
Director-Professor and Head, Dept. of Medicine
MUN Medical College, Alwarabad

Prof. R.C. Ahojja
MD (Medicine)
Ex. Head Dept. of Medicine (MUM), Lucknow

Prof. K.K. Tripathi
MD, DM (Nephro) IMS, BHU
Ex. HOD Medical, Dept. IMS, BHU

Chief Adviser



Dr. Aloke Kr. Gupta



Dr. Anuj Maheshwari



Dr. N.S. Verma



Dr. Banshi Saboo

Program Director



Dr. Dheeraj Kapoor



Dr. Dilip Kumar



Dr. Ritesh Gupta



Dr. Jasjeet S. Wasir

Organising Chairman

Organising Secretary

CEO & Treasurer



Dr. Pallavi Mishra
MD, Consultant Cardiologist,
Panacea Hospital and
Asst. Prof. PIRE, Varanasi



Dr. Ashutosh Mishra
MD, Fellow in Diabetes (CME) Vellore
Consult. Endocrinologist
Panacea Hospital & Asst. Prof. PIRE



Dr. Vinaytosh Mishra
B.Tech. (IT) BHU, MBA, CDCT, John F. Kennedy Univ.,
Diabetes Educator (DE)
CEO, Panacea Hospital, Varanasi

Regional Coordinator



Dr. Smitha Batt



Dr. Hemant Gopal



Dr. Ravikant



Dr. Subash Kumar



Dr. V.K. Jagnany

Scientific Secretary

Dr. Ashutosh Mishra

Co-ordinator

Dr. Shiwali Tripathi & Dr. Balkrishna Tripathi

Hospitality Committee

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Dr. Urvashi Ojha

Dr. Sandhya Ojha
Dr. R.B. Singh

Dr. Rahul Kr. Tiwari
Dr. Sunny Kumar Gupta

Project Manager

Mr. P.K. Sinha

Activation Team

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Mr. Anand Maurya
Mr. Barun Kumar Pandey
Mr. Dinesh Kumar Gupta
Mr. Sunil Kumar
Mr. Manoj Kumar Yadav
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Ms. Shamiya Parveen (PA)
Ms. Kumari Renu (PA)
Mr. Sachin Kumar (PA)
Mr. Mukesh Kumar (PA)

Message from Organizing Team

Dear friends, colleagues and Scientists,

It is our great pleasure and privilege to invite you to most venerated city Varanasi in January 2019 for the forthcoming 7th National Level Conference on Cardio Diabetic and Related Technology on 26- 27 January 2019.

This Conference will provide a forum for everyone to refresh their knowledge and explore the innovations in clinical cardio vascular complication. It is going to endeavor doctors, paramedicals, physician assistants and nurses to communicate, exchange and share knowledge about recent advancement in this area.

Varanasi is the world oldest living city rich in culture and heritage. To every visitor Varanasi offers a breathtaking experience.

I wish all the best for all the Dignitaries Doctors, Nurses, Allied Health Workers to enjoy their participation in this scientific feast.

We look forward to see you on the 26- 27 January 2019, at Hotel Grapevine, Varanasi.

Pallavi

Dr. Pallavi Mishra
Organizing Chairman

Ashutosh Mishra

Dr. Ashutosh Mishra
Organizing Secretary

Vinaytosh Mishra

Dr. Vinaytosh Mishra
CEO & Treasurer

GALA DINNER
26th Jan. 2019 (9:00 pm - 10:00 pm)



Journey on Alaknada Cruise
27th Jan. 2019 (03:00 pm - 06:00 pm)



Day 1: Saturday, 26 January 2019
Registration & Tea : 08:00 am - 08:30 am

Podium Presentation (8:30 am - 9:30 am)
Coordinator : **Dr. Smitha Bhat**

Poster Presentation (10:30 am - 11:30 am)
Coordinator : **Dr. Hemant Gopal**

Cardio Diabetes Quiz Part -1 (10:30 am - 11:30 am)
Coordinator : **Dr. Abhijeet Chatterjee/Dr. Abhishek Pandey**

How to conduct Cardio Diabetes Self Management Education :
10:30 am - 11:00 am

Session Coordinator : Dr. Ramakrishna

First Session (11:00 am - 12:30 pm)

1. Glucokinase activators: New Hope in Diabetes Management. - **Dr. Smitha Bhat**
2. Renal Protection by Nephrylsin Inhibitor in Diabetes: Is it different from ACE Inhibitor? - **Dr. Hemant Gopal**
3. Use of Technologies in Cardio Diabetes patient education.
Dr. Vinaytosh Mishra
4. Selecting anti Diabetes Drug in a patient of type 2 Diabetes and Cardiac Morbidities. - **Dr. Jayant K Panda**

Discussion : 15 Min.

Tea Break : 15 Min

Opening Ceremony: 01:00 pm - 02:00 pm

Lunch Break (02:00 pm - 02:30 pm)

Session Coordinator : Dr. Smitha Bhat

Second session (02:30 pm - 04:00 pm)

1. Immuno Metabolic Inflammation : Cardio Metabolic perspective.
Dr. N.S. Verma
2. Subgroup of Diabetes : Application & Hurdles in Clinical Practice.
Dr. A. Maheshwari
3. Future Diabetes Therapy : DPP-IV Inhibitor and SGLT-2 Inhibitor combination.
Prof. K. K. Tripathi
4. Emerging Hormonal based combined Pharmacologic Therapies for the Treatment of Metabolic Diseases. - **Dr. Ashutosh Mishra**

Session Coordinator : Dr. Hemant Gopal

Third session (04:00 pm - 05:00 pm)

1. Recent Advancement in Type 1 DM : Antigen based Immuno Therapy, Exercise and Prevention of Macro Vascular complication. - **Dr. Sarita Bajaj**
2. Diabetes and Disabilities. - **Dr. Sunil Gupta**
3. Diagnosis and Management of GDM : The final verdict. - **Dr. Anand Shankar**

Discussion : 15 Min

High Tea Break : 30 Minutes

Session Coordinator : Dr. S. Mukherjee

Fourth Session (05:45 pm : 06:45 pm)

1. Prevention of Atherosclerosis in Diabetes Patients: From anti Thrombotic agents to new anti Diabetic Drugs. - **Dr. Pallavi Mishra**
2. Precision Medicine in Type 2 Diabetes. - **Dr. Bijay Patni**
3. Cardiac Risk Assessment in Type 2 Diabetes Mellitus Patients. **Dr. Ramakrishna**

Discussion : 15 Min.